

Session Title	Presenters	Session Summary
(APP-068) Stammer Project – Documentary screening	Danny Ladwa	'Stammer Project' - Film Screening. An uplifting and inspiring story of 6 people living with a stammer. This film captures their profound mission to raise global awareness about stammering through the power of music - using their voices. Watch their journey unfold as they undergo vocal training and prepare to head into the music studio together for the first time. This is a story of courage, strength, trust and the incredible power of the voice! The film will be followed by a Q&A.
(APP-102) How can we improve the journey from isolation to community involvement?	Ronan Miller	Community involvement can have important benefits for people who stutter. However, getting involved with the community can be a challenge and for some, barriers still exist. As an example of community in action, 4 people who stutter from around the world will join us via video call to share their experiences and help us explore ways to improve community involvement by answering the following questions: What steps we can take to help beginners settle into the community? What aspects of community keep people engaged? When do people feel able to lead community activities?
(APP-113) Speed Friending	Marc Van Kralingen Jurgen de Jong Tom Scharstein	Speed friending: people are split in 1-on-1 sessions where the goal is to get to know the other person.
(APP-079)Being a Significant Other	Liv Goldstein	What's it like to be a significant other to a partner who stutters? How do we feel and what do we do when our partner is struggling? Should we talk about the stuttering? If you date someone who is trying to hide their stutter, what do you do? These questions and others can be useful to discuss.
(APP-094) Words Matter	Patrick Campbell Sam Simpson	Society has traditionally understood stammering through the language of pathology, as something broken, defective & abnormal. The stammering pride movement is exploring what stammering can teach us about ourselves and the world through art, poetry & music. As we transition to novel understandings, new language is being generated to talk about stammering. This workshop will explore the language used around stammering in our day-to-day lives as well as new terms of reference. Participants will be invited to reflect on their language choices and explore new language possibilities & preferences
(APP-096) Work- Your next Job Application	Joanna Gaukroger Kirsten Howells Paul Fix	Talk to anyone about applying for jobs and it brings forth a number of reactions. Should I apply? What's the best way to structure my application? When do I/should I disclose that I have a stammer? This is only the start? we are frequently asked about the best ways to prepare for interview and tackle typical questions and where help can be obtained. There's also the issue of getting constructive feedback after the event. Our session aims to cover the basics of these points - anyone applying for jobs, or seeking a promotion would benefit from this session.
(APP-110)Young Voices across Borders	Anita Blom	This session is for young people who stutter (16-25) to chat about common issues, make new international friends and have fun together. This session is led by people who stutter and who have experience with activities for young people who stutter.
(APP-080) The effect of Mindfulness, Self compassion and	Shiran Israel	Presenting a recent research which tested how the adverse effect of stammering is affected by levels of dispositional mindfulness, self-compassion and the meta-cognitive ability of shifting from subjective to objective perspective (decentering).

Decentering on the experience of stuttering		
(APP-120) How embracing my stammer as a teacher has changed my life.	Bhupinder Purewal	This talk will be about how I embraced my stammer as a primary school teacher. For most of my life - including my training year as a teacher - I tried to hide my stammer and felt shame when I stammered in front of others. After finishing my qualifying year, I started my own support group for stammerers called Coventry Stammerers. Talking to people in the stammering community made me feel confident enough to embrace my stammer when teaching. I now talk about my stammer openly with the pupils and staff I meet. This talk will end with a question-and-answer session.
(APP-133) Help needed - what is important for young people who stammer?	Jennifer Roche	I am a Speech and Language Therapist developing a research study to explore the preferred outcomes for young people who stammer. I want to know about what people who stammer value as good outcomes, rather than what SLTs or researchers judge are. In this session I will share what I have found in the research but I would really like to gather your feedback on how helpful that is and what is missing. Your feedback will define the research aims and objectives so that the research can be carried out with, rather than for, the stammering community.
(APP-103) A Creative Workshop from My Percussive Lips	Jonathan Hunter	The workshop will allow participants the freedom to play, to discover, to learn and more importantly to have fun! This is a physical workshop with creative exercises looking at relationships, communication, narrative and storytelling. No activities are compulsory, but participants will be encouraged to "try out" at their own speed and level. Activities will be delivered with a sensitivity to the group. At the start/end of the workshop, Jonathan will share where the activities and themes are inspired, and share the trajectory of the project, "My Percussive Lips" and its growth in 2023.
(APP-087) The Action for Stammering Children(ASC) youth panel - past, present and future	Mike Scott	The ASC youth panel has now been running for more than six years. This session will discuss the northern element, the work planned and that has been done along with how to get involved with future projects.
(APP-137 ) 'Stories Beyond Words' workshop – exploring collaborative video editing approaches to reclaiming pride in non-normative voices	Cathy Soreny	
(APP-126) Exploring stammering through performance art.	Bob Adams	Learn a variety of performance art skills (including mask work and juggling), new approaches to communication skills and the power of the group, in this lively, engaging and thought provoking workshop

		which culminates in a short performance piece which will showcase different experiences of stammering. NB No previous experience necessary.
(APP-058) Stuttering Podcasts: An advocacy tool for spreading awareness and community building	Maya Chupkov	Podcasting has taken the world by storm, especially those focused on stuttering. They have become important tools for spreading awareness, valuable resources for speech therapists and parents, and self-help tools for the wider stuttering community in helping them feel a little less alone. During this hour, you will hear from creators of stuttering podcasts and how they use audio storytelling as tool for advocacy, community-building, and as a way to lift up the voices of people who stutter worldwide.
(APP-083) The future of stammering therapy - what are your best hopes?	Elaine Kelman	The future of stammering therapy - what are your best hopes? An open discussion in a workshop to explore what people want, if anything, from Speech and Language Therapists who work with children and young people. We want to hear about past experiences of therapy - bad and good, and particularly to hear ideas about what might be helpful therapy moving forward, and what the role of the speech therapist could become.
Jane		
(APP-131) Stammering and academia - University lecturing with a stammer	Claire Tupling	Higher education is a speech intensive working environment that places additional demands on people who stammer. This session will ask what are the different experiences of staff who stammer in universities? How does disfluency affect work pressures and opportunities? What responses have been helpful for panellists?
Stamma		